# #15

COMPLETE

Collector: Started: Last Modified: Time Spent: IP Address:	Web Link 1 (Web Link) Sunday, March 01, 2020 2:20:09 PM Sunday, March 01, 2020 3:19:33 PM 00:59:23 176.88.102.136				
Page 2: Overview					
Q1 NAC country:					
Turkey					
Q2 Date of submission of this report:		Date / Time	28/02/2020		
Q3 Date of approval (or re-approval of NAC by EAC): 02/19/2018					
Q4 Website address of the NAC with documentation on EuroPsy:					

Q5 Name of NAC contact person:

Yasemin Kahya

**Q6** Email address of NAC contact person:

europsy@psikolog.org.tr

**Q7** Name and email-address of the person filling in this form:

Name Yasemin Kahya

Email-address europsy@psikolog.org.tr

Page 3: Composition and operation of NAC

Q8 Number of members in the NAC:

5

# Q9 Frequency and dates of meetings:

1/11.15.2019

**Q10** Please check whether the names of the NAC members mentioned on the following page are correct: http://www.europsy.eu/national-awarding-committeesnacs

The names mentioned on the website are correct

**Q11** Total number of EuroPsy certificates issued that are listed in the Register:

53

Q12 Number of new certificates issued in 2019:

0

Q13 Number of revalidated certicates:

0

# Page 4: National requirements

# Q14 Psychology education

#### Information on website is NOT correct.

Give here the information if the website needs to be updated:

TPA's authority was revalidated on February 06, 2019. Therefore, edited version of sentences including that information were stated below: ......Considering the priorities and resources of undergraduate education in Turkey, the basic principles and achievement standards of the curriculum to be implemented and the qualifications that graduates should possess are extensively defined. TPA's authority was revalidated to accredit psychology departments and programs by The Turkish Council of Higher Education on February 06, 2019. Recognition of university education programmes as meeting EuroPsy requirements is undertaken by a national accreditation authority (Higher Education Council & Turkish Psychological Association), of which the judgements are accepted by NAC. The Turkish Psychologists Association (TPA) has constituted an independent Accreditation Division (AD), for accreditation of undergraduate and graduate programs. .......

#### NAC annual report 2019

Q15 Programmes that meet EuroPsy requirements	Information on website is correct,	
	Give here the information if the website needs to be updated:	
	We know that some of the programs are under revalidation of accreditation process (e.g., Ankara University, Hacettepe University), but they can be deleted from the list next year if their accreditations are not revalidated by TPA.	
<b>Q16</b> Supervised practice arrangements (for the EuroPsy certificate)	Information on website is correct	
Q17 Arrangements for training of supervisors	Information on website is correct	
Q18 Recognition of title	Information on website is correct	
Q19 Licence to practice	Information on website is correct	
Q20 Continuing Professional Development (CPD)	Information on website is correct	

**Q21** Please describe the main activities undertaken during the past year to promote and develop the EuroPsy (e.g. website, developing training of supervisors, listing accredited programmes, working on ECTS equivalence, etc.)

EuroPsy website has a separate domain now with the initiations of TPA authorities, and the website content of EuroPsy was updated during this renewal.

TPA's authority to accredit programs was revalidated in 2019, and accreditation of new programs and re-accreditation of accredited programs are under process.

Two short videos about EuroPsy was prepared by TPA authorities with the presentation of contact person and they were shared on TPA website and social network platforms to attract new applicants.

**Q22** Please state here your plans for further development of EuroPsy in the coming year (e.g. development of website, training of supervisors, dissemination and publicity, marketing etc.)

Dissemination, publicity, and marketing will constitute the plans of the coming year as well,

Continuous development of psychologists are always supported with trainings organized by TPA, which is also a plan for the next year. Supervision and training of supervisors may be the obstacles for low applicant rate. These areas will be given special attention.

Q23 How frequent has your contact been with your EAC contact person? Would you welcome more contact?

EAC contact person is available in cases of need for contact.

# NAC annual report 2019

**Q24** Please confirm by ticking relevant box that your procedures this year are compliant with the EuroPsy Regulations:

Yes, the procedures adhere to the EuroPsy regulations

Q25 Please provide details of any challenges you have experienced with the EuroPsy regulations this year:

**Q26** Please confirm by ticking this box that you are GDPR compliant:

Yes

**Q27** Please provide details of any changes you have made this year in order to meet the requirements of GDPR:

We might not be informed about requirements of GDPR in terms of EuroPsy so that we could make some arrangements to meet this requirement.

In above answer, we said yes we comply with General Data Protection Regulation, but has not initiated specific regulations yet. We kindly would like to be informed about whether we are supposed to make any changes meet this requirement. Thank you in advance.

# #3

# COMPLETE

Collector: Web Link 1 (Web Link)

 Started:
 Sunday, March 01, 2020 3:20:25 PM

 Last Modified:
 Sunday, March 01, 2020 4:10:53 PM

**Time Spent:** 00:50:28 **IP Address:** 176.88.102.136

Page 2: Overview

**Q1** S-NAC Psychotherapy country:

Turkey

**Q2** Date of submission of this report:

Date / Time

28/02/2020

Q3 Date of approval (or re-approval of S-NAC Pt by S-EAC):

01/18/2018

**Q4** Website address of the S-NAC in Psychotherapy with documentation on EuroPsy:

https://www.psikolog.org.tr/tr/kurumsal/europsy-x328/

**Q5** Name of S-NAC Pt contact person:

Yasemin Kahya

Q6 Email address of S-NAC Pt contact person:

europsy@psikolog.org.tr

**Q7** Name and email-address of the person filling in this form:

Name Yasemin Kahya

Email-address europsy@psikolog.org.tr

Page 3: Composition and operation of S-NAC in Psychotherapy

**Q8** Number of members in the S-NAC in Psychotherapy:

5

### Q9 Frequency and dates of meetings:

1/11.15.2019

**Q10** Please check whether the names of the S-NAC in Psychotherapy members mentioned on the following page are correct: http://www.europsy.eu/specialist-national-awarding-committees-psychotherapyhttp://www.europsy.eu/specialist-national-awarding-committees-psychotherapy

The names mentioned on the website are correct

**Q11** Total number of EuroPsy certificates issued that are listed in the Register:

17

Q12 Number of new certificates issued in 2019:

0

Q13 Number of revalidated certicates:

0

#### Page 4: National requirements

#### **Q14** Education programmes in Psychotherapy

Turkish Psychological Association has been giving accreditation to Psychology programs of various national universities in Turkey. Some of these psychology departments have also Master and/or Doctorate programs in clinical Psychology/Applied Psychology. The duration of a clinical psychology MA/MS program is 2-years at minimum. The first year of a typical Master program in clinical psychology in Turkey covers the basic courses on adult and child psychopathology, clinical interview and assessment, theoretical background about psychotherapy schools etc. The supervision and thesis constituted the second year of the clinical psychology master programs.

Doctorate programs in clinical psychology last for 4-years at minimum. During the first two years, some necessary courses on ethics in clinical psychology, statistics, advanced child and adult psychopathology, advanced supervision in adult or child psychopathology were taken. Doctorate programs show variation in the weight given to child or adult psychotherapy education. In the last semester of first two year, course on doctoral qualification examination is taken and also most of Doctorate programs give a chance for an internship period. Following, doctoral qualification examination exam is passed, two-year thesis period begins. This is the basic structure of MA/MS and PhD education programs in Psychotherapy in Turkey.

### Q15 List of programmes that meet EuroPsy requirements for the Specialist Certificate in Psychotherapy

There are some grounded master and doctorate clinical psychology programs in Turkey. Fortunately, they are all active and, in every academic year, new candidates are accepted continuously. However, neither a master nor a doctorate degree is currently enough to apply for the Specialist Certificate in Psychotherapy. If the applicant has only a MA/MS degree in clinical psychology comprising one year supervised practice, this will be enough to apply for a EuroPsy Basic Certificate. Doctorate degree in clinical psychology can either support EuroPsy Basic Certificate or the Specialist Certificate in Psychotherapy application process. It depends on the background of the applicants. It is certain that neither a master nor a doctorate degree in clinical psychology is enough to apply for the Specialist Certificate in Psychotherapy. Candidates should meet some additional criteria. These criteria are 400-hour education in theory, therapeutic methods and techniques; 150-hour supervision; 500-hour practice under supervision (meaning to follow at least 10 cases with the same supervisor); 100-hour professional development. Candidates need some other independent experience with or without a 4-year PhD program in clinical psychology. Several international certification-training programs are also being held regularly on mainstream approaches (e.g. Psychoanalysis, Gestalt, Cognitive Behavioural, Schema, Transactional, Dialectical Behavioural Therapies, Psychodrama etc.). There are also group-couple-family therapy based programs. These international certification programs are conducted by internationally certified psychotherapists, trainers and supervisors.

The list of Accredited Undergraduate and Master Programs in Clinical Psychology is presented below (although having degrees from these programs are not adequate to apply for the Specialist Certificate in Psychotherapy).

Ankara University Bachelor's and Master's Degrees in Psych
Başkent University Bachelor's and Master's Degrees in Psych
Boğaziçi University Bachelor's and Master's Degrees in Psych
Doğu Akdeniz University Bachelor's and Master's Degrees in Psych
(English Psychology Program)
Ege University Bachelor's and Master's Degrees in Psych
Hacettepe University Bachelor's and Master's Degrees in Psych
İstanbul University Bachelor's and Master's Degrees in Psych
İstanbul Bilgi University Bachelor's and Master's Degrees in Psych
Koç University Bachelor's and Master's Degrees in Psych
Middle East Technical Univ. Bachelor's and Master's Degrees in Psych
Özyeğin University Bachelor's and Master's Degrees in Psych

# Q16 Supervised practice arrangements

In Turkey, accredited undergraduate and graduate programs are congruent with EuroPsy terms and regulations. In the accredited clinical psychology programs, supervision starts following the first year of the master program, conducted by a faculty member who has either a PhD in clinical psychology or a master degree and at least a total of 10 years of experience in the psychotherapy field. The supervision has to take place for at least one academic year and be conducted with only one student or with groups of two to three students, but must involve one hour per student each week. Students can also complete the supervised practice after graduation. For example, Prof. Dr. Gonca Soygüt Pekak (EFPA SEAC) implements an example of giving supervision additional to or independent from academic degree programs in clinical psychology, which is certified by International Society of Schema Therapy. Applicants' supervised practice experiences are evaluated by standardized supervisor forms compatible with EuroPsy.

## Q17 Arrangements for training of supervisors

#### i. Arrangements offered by universities:

In some of PhD programs, "supervision" is a must course. It covers theoretical and practical issues about supervision and guidelines of how to supervise. Although it so not common in PhD programs, PhD students can find a chance to give supervision as part of their Doctorate education in clinical psychology.

#### ii. Arrangements offered by TPA:

-NAC & S-NAC have evaluated supervisor candidates in line with the EFPA Regulations on EuroPsy. We invite applicants' supervisors who are not on our approved supervisor list and who meet criteria to be a supervisor. This increases approved supervisor number for future applicants. As a further procedure, supervisors eligible in terms of their CVs are sent an e-mail for encouraging them to start their EuroPsy certification process and then, they are asked whether they want to be on the recognized and announced supervisor list.

#### Q18 Recognition of title

The field of clinical psychology was legally recognized in 2011 within the scope of umbrella law on health professions in Turkey. Currently, Turkish Psychological Association has been working on National Mental Draft Bill in the commission in Turkish Parliament for the revised definitions of clinical psychologist and relevant regulations.

#### Q19 Licence to practice

Not-applicable

#### **Q20** Continuing Professional Development (CPD)

CPD activities have been arranged in collaboration with Turkish Psychological Association (TPA). TPA biannually organizes national congress and clinical psychology symposia and invites national and international specialists to hold workshops and conferences. Most of

the universities also have grants to invite specialists and they use this opportunity in a fruitful way. Additionally, there are also training programs regularly held by TPA members who are internationally certified, e.g. psychoanalysis, Gestalt, CBT, Schema Therapy. In scope of those programs congresses and professional meetings, workshops are regularly organized. Besides, faculty and/or staff members of many graduate clinical psychology programs organize informal meetings to further improve the supervision related competencies of their former graduates.

**Q21** Please describe the main activities undertaken during the past year to promote and develop the Specialist Certificate (e.g. website, developing training of supervisors, listing accredited programmes, working on ECTS equivalence, etc.)

A new EuroPsy web domain was registered on the website of TPA in 2019.

TPA'a authority to accredit programs was revalidated by Council of Higher Education in 2019, and accreditation of programs by TPA continue with revalidated authority.

**Q22** Please describe the plans for further development of the S-NAC in the coming year (e.g. website, developing training of supervisors, listing accredited programmes, working on ECTS equivalence, etc.)

The importance of EuroPsy will be emphasized at universities and organizations of TPA. Website will be kept updated to make the application process easier and user friendly. Members will also be encouraged to attend to CPD organizations with announcements on TPA website.