

Part 1

National Awarding Committee (NAC) for *EuroPsy* in Turkey: Overview

Date of submission of this report: 14-02-17

Date of approval (or re-approval) of NAC by EAC: 31-03-13

Latest previous update of this overview: 14-02-17

Website address of the NAC with documentation on *EuroPsy* in [Name(s) of language(s)]:

<http://psikolog.org.tr/index.php?Kurullar=13&Calisma=1&sayfa=1>

Name of contact person: Yasemin Kahya

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Postal address: Türk Psikologlar Derneği, Yüzüncü Yıl Mah., Fethiye Sokak, Sefa Apt. 5/1 G.O.P. Çankaya/ANKARA

1. Composition and operation of NAC

Number of members in the NAC: 6

Frequency and dates of meetings: 1/December 20, 2016

Names of the members: see Appendix 1

Number of *EuroPsy* Certificates issued that are listed in the Register: 46

2. Psychology programmes

2a. Recognition of university education programmes as meeting *EuroPsy* requirements:

- Under the auspices of NAC
- In cooperation with NAC (e.g. by universities)
- X By a national accreditation authority (Higher Education Council & Turkish Psychological Association), of which the judgements are accepted by NAC
- X Other (Appendix 2a)

2b Structure of accredited / recognised programmes

- Programs follow the format of 3 years BA + 2 years MA
- X Another format is followed: 4 years BA/BS + 2 years MA (Appendix 2b)

2c Programmes that meet *EuroPsy* requirements

Recognised programmes exist at 11 universities.

Names of universities in alphabetical order + Names of programs /degrees at Master Level

Name of University	City	MA/MSc Degree Programmes
Ankara University	Ankara	Bachelor's and Master's Degrees in Psych
Başkent University	Ankara	Bachelor's and Master's Degrees in Psych
Boğaziçi University	İstanbul	Bachelor's and Master's Degrees in Psych
Doğu Akdeniz University (English Psychology Program)	Kıbrıs	Bachelor's and Master's Degrees in Psych
Ege University	İzmir	Bachelor's and Master's Degrees in Psych
Hacettepe University	Ankara	Bachelor's and Master's Degrees in Psych
İstanbul University	İstanbul	Bachelor's and Master's Degrees in Psych
İstanbul Bilgi University	İstanbul	Bachelor's and Master's Degrees in Psych
Koç University	İstanbul	Bachelor's and Master's Degrees in Psych
Middle East Technical Univ.	Ankara	Bachelor's and Master's Degrees in Psych
Özyeğin University	İstanbul	Bachelor's and Master's Degrees in Psych

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3. Supervised practice arrangements (for the *EuroPsy* Certificate)

3a Please describe the arrangements for one year (or equivalent) of supervised practice

Arrangements for one year of supervised practice is defined in Appendix 3a.

3b Training of supervisors

- National arrangement for training of supervisors is in place,
 - X arranged by the NAC
 - X arranged by the national psychologists association(s)
 - X offered by universities
 - other (see Appendix 3b)
- Various arrangements for training of supervisors are in place (see Appendix 3b)
- There is no organised training program in the country
(The evaluation procedure for *EuroPsy* applicants is specified in Appendix 3b)

3c Level of training of supervisors (see Appendix V of the EFPA Regulations on EuroPsy)

- X Most supervisors meet Level 1 criteria (i.e. the highest criteria)
- Most supervisors meet Level 2 or Level 1 criteria
- Most supervisors meet Level 3 or higher criteria
- Most supervisors meet Level 4 or higher criteria
- Most supervisors meet Level 5 or higher criteria
- For most supervisors it is not known which criteria they meet, or if it is known they do not meet *EuroPsy* training requirements

4. Recognition of Title, Licence to Practice, Revalidation & Continued Professional Development (CPD)

4a Recognition of title

- “Psychologist” is not a legally recognized and protected title
- “Psychologist” is a legally recognized and protected title for all areas of practice
- X “Psychologist” is a legally recognized and protected title for some areas of practice
(see Appendix 4a)

4b License to practice

- X There is no license or entry in a register needed for practising psychology
- There is a license or entry in a register needed for practising in some areas of practice
(see Appendix 4b)
- License or entry in a register is needed for practising psychology

4c Revalidation

- X There is no license or registration (see 4b); hence there is no revalidation
- License or registration is not restricted in time (No revalidation is required)
- Revalidation of the license to practice or entry in a register is required after XX years
(see Appendix 4c for details)

5. Continuing Professional Development (CPD)

- X Currently no requirements for CPD exist
- Requirements for CPD exist, but less stringent than for EuroPsy revalidation
- Requirements for CPD exist, at least as stringent as for EuroPsy revalidation
(see Appendix 5)

6. Transitional arrangements

- X No transitional arrangements apply currently for any category of EuroPsy applicants (special cases like education and training in a foreign country are excepted)
- Transitional arrangements finalized on 31-03-2016

7. Plans for further development of EuroPsy in the coming year (e.g. website, training of supervisors, dissemination and publicity, marketing etc.)

In the coming year, it is planned to use Facebook both for communication between psychologists currently registered in EuroPsy in our country and for marketing purposes to encourage new applicants. Besides, in a meeting of NAC members, the committee decided to contact with applicants' supervisors who are not currently on announced supervisor list, but meet criteria for being recognized as a supervisor. As a general procedure, supervisors not on the list were required to send their CVs so that the committee can decide the quality of practice EuroPsy applicant stated. From now on, as a further procedure, supervisors eligible in terms of their CVs will be sent an e-mail for encouraging them to start their EuroPsy certification process and then, they will be asked whether they want to be on the recognized and announced supervisor list. We think that this will increase the number of supervisors and consequently the number of applicants. The importance of EuroPsy will be continued being emphasized at universities and organizations of TPA. Website is always kept updated to make the application process easier and user friendly, which will be continued for the next year. Members will be encouraged to attend to CPD organizations. These kind of events have been regularly announced on TPA website. "Working at European level for individual psychologists" was agreed and stated as a slogan to hearten potential applicants in the report for EuroPsy (S)NAC Chairs meeting on March 4, 2016. This sounds very appealing and can be used as a marketing slogan in the coming year.

8. How frequent contact have you had with your EAC contact person? Would you welcome more contact?

Even if our contact is not so frequent, we have contacted in times of need. There is not a problem in communication issue.

Appendix 1 Members of the NAC

Name	M/F	Area of expertise	Term of office	Association
Elif Barışkın (Chair)	F	Clinical Psych.	2016-2020	TPA
Banu Cangöz	F	Experimental Psych.	2016-2020	TPA
Tülin Gençöz	F	Clinical Psych.	2016-2020	TPA
Melike Sayıl	F	Developmental Psych.	2013-2017	TPA
Canan Sümer	F	Ind./Org. Psych.	2013-2017	TPA
Mehmet Eskin*	M	Clinical Psych.	2013-2017	TPA

*S-NAC Liaison

Appendix 2a Recognition of university education programmes

TPA has constituted an independent Accreditation Division (AD), for accreditation of undergraduate and graduate programs. Recently, AD applied to Higher Education Council for revalidation. The process is now in progress. TPA's authority is still valid during transitional period.

Appendix 2b Structure of recognised programmes

Undergraduate education in psychology lasts for 4 years, and just like in the US, is institutionalized on the basis of academic competence and scientific model, yet grounded on the 'member of a profession' definition. Many psychology departments consider the APA and EFPA standards together and have established master's and doctoral programs in a number of sub-areas of psychology. In this regard, psychology departments focus on a specific practice and allow for six years of higher education including an internship with supervision. Considering the priorities and resources of undergraduate education in Turkey, the basic principles and achievement standards of the curriculum to be implemented and the qualifications that graduates should possess are extensively defined, and an accreditation process has been started. The Turkish Council of Higher Education used to authorize the TPA to accredit psychology departments and programs.

Appendix 3a Arrangements for one year (or equivalent) of supervised practice

The plans for implementing supervised practice for entry into the profession were covered in the accreditation regulations. As indicated in Appendix 2a, the accreditation body within TPA refine the regulations in such a way that both graduate and undergraduate programs will be congruent with EuroPsy. In the current regulations, supervision starts following the first year of the master's program, conducted by a faculty member who has either a PhD in clinical psychology or a master's degree and at least a total of 10 years of experience in the psychotherapy field. The supervision has to take place for at least one academic year and be conducted with only one student or with groups of two to three students, but must involve one hour per student each week. Students should have experience in various accepted contexts (the

psychotherapy education laboratory or centers in the institution, in student health/counseling centers, hospitals and I/O settings etc.). The implementations will be evaluated via standard forms, being consistent with the EuroPsy supervision criteria. Students can also complete the supervised practice after graduation. However, details and duration of this practice as well as the quality of the supervisor are to be certified by NAC.

Appendix 3b Arrangements for training of supervisors

i. Arrangements offered by universities:

One of S-NAC member -Mehmet Eskin- has organized supervisor training program in conjunction with Adnan Menderes University Clinical Psychology program.

In METU Clinical Psychology Ph.D. program, “supervision” is a must course instructed by Faruk Gençöz. It covers theoretical and practical issues about supervision and guidelines of how to supervise.

ii. Arrangements offered by TPA:

-NAC & S-NAC have evaluated supervisor candidates in line with the EFPA Regulations on EuroPsy. Up until now, 16 TPA members were approved as supervisors.

-A guideline for supervision in psychotherapy practices is publicized by the NAC and S-NAC.

-A call for supervisor candidates is to be publicized via direct e-mail, web and e-lists of TPA.

iii. The evaluation procedure for *EuroPsy* applicants

The applicant submits a Supervisor Evaluation Form where the supervisor provides detailed information about the supervised practice of the candidate. If the supervisor’s name does not appear on our approved supervisors list, then we ask the candidate to provide a CV of the supervisor and we compare the supervisor’s qualifications against the criteria mentioned in the EuroPsy Regulations. If the supervisor fulfils the criteria, we accept the applicant’s practice under this supervisor as a qualification for EuroPsy basic.

Appendix 4a Recognition of title of psychologist

In Turkey, the title of clinical psychologist is regulated by Ministry of Health in the frame of “bag bill”. Accordingly, only clinical psychologists are entitled for psychotherapy practices.

In the related article of “bag bill”, the definition of Clinical Psychologist is regulated by three different formulas, as follows:

- i) 4-year undergraduate program in Psychology + 2-year master's program in Clinical Psychology;
- ii) 4-year undergraduate program in Psychological Counseling + 2-year master's program in Clinical Psychology;
- iii) Non-psychology graduates: 4-year undergraduate program in a different area + 2-year master's program in Clinical Psychology + 4-year PhD program in Clinical Psychology (totally 6-year education in Clinical Psychology)

Note: In the category of iii, completion of 1-year Preparatory period in an undergraduate program of psychology is generally mandatory. Accordingly, a total of 7 years of education in Psychology are completed by non-psychology graduates.

Appendix 4b License to practise arrangements

Not applicable.

Appendix 4c Arrangements for revalidation

Not applicable.

Appendix 5 Arrangements for CPD

There is no mandatory CPD since there is no legislation for licensing. But TPA biannually organizes national congress and clinical psychology symposia and invites national and international specialists to hold workshops and conferences. Most of the universities also have grants to invite specialists and they use this opportunity in a fruitful way. Additionally, there are also training programs regularly held by TPA members who are internationally certified, e.g. psychoanalysis, Gestalt, CBT, Schema Therapy. In scope of those programs congresses and professional meetings, workshops are regularly organized.

Appendix 6 Transitional arrangements

S-NAC for Psychotherapy in Turkey: Overview

Date of approval (or re-approval) of the S-NAC by S-EAC: 23-09-2013

Latest previous update of this overview: 14-02-2017

Website address of the S-NAC in [Name(s) of language(s)]:

<https://www.psikolog.org.tr/index.php?Kurullar=13&Calisma=1&sayfa=2>

Name of contact person: Yasemin Kahya

E-mail address: europsy@psikolog.org.tr

Postal address: Türk Psikologlar Derneği, Yüzüncü Yıl Mah., Fethiye Sokak, Sefa Apt. 5/1 G.O.P. Çankaya/ANKARA

1. Composition and operation of S-NAC

The S-NAC for psychotherapy has been established on: November, 2013

Number of members in the S-NAC: 6

Frequency and dates of meetings: 2/2016

Names of the members: see Appendix 1

Number of *EuroPsy* Specialist Certificates (PT) awarded that are listed in the Register: 16

2. Structure of accredited / recognised programmes

Candidates applying for the Specialist Certificate in Psychotherapy needs to have EuroPsy Basic Certificate. Therefore, at minimum, structure of accredited programmes is the same with EuroPsy Basic Certificate (4 years BA/BS + 2 years MA). However, there are some additional criteria that candidates should meet. These criteria are 400-hour education in theory, therapeutic methods and techniques; 150-hour supervision; 500-hour practice under supervision (meaning to follow at least 10 cases with the same supervisor); 100-hour professional development. Generally, Clinical Psychology PhD programs in Turkey lasts for 4 years and there is a 2-year supervision period. The contents of these PhD programs are not enough to meet these additional criteria so candidates need some other independent experience with or without a 4-year PhD program in Clinical Psychology. There are some opportunities in Turkey to meet criteria for the Specialist Certificate in Psychotherapy with regard to theoretical education and supervision apart from a formal PhD program. Some links are provided <http://tr.sematerapienstitusu.com/gsp/> ; <http://www.psikeistanbul.org/> ; <http://gestalt.org.tr/gestalt-terapi-egitim-hakkinda/>.

3. Please describe the main activities undertaken during the past year to promote and develop the specialist certificate and any plans for further development of the S-NAC in

the coming year (e.g. website, developing training of supervisors, listing accredited programmes, working on ECTS equivalence exc.)

In the past year, there was 19th National Congress on Psychology, 5-7 September, 2016 and a forum of TPA in this congress. In this forum, a briefing and call for applications for both EuroPsy basic and specialist certificate was made. Besides, Işık Savaşır Clinical Psychology Symposium will be held on 5-7 May, 2017 that is specific for and prestigious symposium on clinical psychology. It is planned that it will be an effective EuroPsy promotion in terms of reaching clinical psychologists eligible for the specialist certificate and supervisors meeting EuroPsy criteria.



Appendix 1 Members of the S-NAC

Name	M/F	Area of expertise	Term of office	Association
Gonca Soygüt Pekak (Chair)	F	Clinical Psych.	2013 – 2017	TPA
Mehmet Eskin*	M	Clinical Psych.	2016-2020	TPA
Hanna N. Scherler	F	Clinical Psych.	2013-2017	TPA
Ferhunde Öktem	F	Clinical Psych.	2013-2017	TPA
Perin Yolaç	F	Clinical Psych.	2013-2017	TPA
Ayşe Yalın	F	Clinical Psych.	2013-2017	TPA

*S-NAC Liaison

EuroPsy
European Certificate in Psychology

Part 2b

S-NAC for Work & Organisational Psychology in [Name of country]: Overview

Date of approval (or re-approval) of the S-NAC by S-EAC: [dd-mm-yy]

Latest previous update of this overview: [dd-mm-yy]

Website address of the S-NAC in [Name(s) of language(s)]:

www. [XX]

Name of contact person: [XX]

E-mail address: [XX]

Postal address: [XX]

1. Composition and operation of S-NAC

The S-NAC for work and organisational psychology has been established on: [date]

Number of members in the S-NAC: [nnn]

Frequency and dates of meetings: [nn]/year

Names of the members: see Appendix 1

Number of EuroPsy Specialist Certificates (WO) awarded that are listed in the Register: [nn]

2. Structure of accredited / recognised programmes

3. Please describe the main activities undertaken during the past year to promote and develop the specialist certificate and any plans for further development of the S-NAC in the coming year (e.g. website, developing training of supervisors, listing accredited programmes, working on ECTS equivalence etc)

Appendix 1 Members of the S-NAC

Name	M/F	Area of expertise	Term of office 20xx – 20xx)	Association represented

(i)

(ii)

etc

Appendix XX

Appendix XX