

## National Awarding Committee (NAC) for *EuroPsy* in Turkey: Overview

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Website address of the NAC with documentation on *EuroPsy* in [Name(s) of language(s)]:

<http://psikolog.org.tr/index.php?Kurullar=13&Calisma=1&sayfa=1>

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### 1. Composition of NAC and S-NAC

#### 1a NAC composition and operation

Number of members in the NAC: 6

Frequency and dates of meetings: 1/year, February 8, 2016

Names of the members: see Appendix 1

Number of *EuroPsy* Certificates issued that are listed in the Register: 40

#### 1b S-NAC for Psychotherapy

An S-NAC for psychotherapy has been established: November 2013

Number of members in the S-NAC: 6

Frequency and dates of meetings: 1/year, February 8, 2016

Names of the members: see Appendix 1

Number of *EuroPsy* Specialist Certificates (PT) awarded that are listed in the Register: 15

#### 1c S-NAC for Work and Organization Psychology

□ An S-NAC for work and organization psychology has been established (date)

Number of members in the NAC: [nnn]

Frequency and dates of meetings: [nn]/year

Names of the members: see Appendix 1

Number of *EuroPsy* Specialist Certificates (W&O) awarded that are listed in the Register:

[nn]

## 2. Psychology programmes

### 2a. Recognition of university education programmes as meeting *EuroPsy* requirements:

- Under the auspices of NAC
- In cooperation with NAC (e.g. by universities)
- X By a national accreditation authority (Higher Education Council & Turkish Psychological Association), of which the judgements are accepted by NAC.
- X Other (Appendix 2)

### 2b Structure of accredited / recognised education programmes

- Programs follow the format of 3 years BA + 2 years MA
- X Another format is followed: 4 years BA/BS + 2 years MA (Appendix 3)

### 2c List of programmes that meet *EuroPsy* requirements

Names of universities in alphabetical order + Names of programs /degrees at Master Level

Name of University	City	Degree Programmes
Ankara University	Ankara	Bachelor's and Master's Degrees in Psychology
Boğaziçi University	İstanbul	Bachelor's and Master's Degrees in Psychology
Ege University	İzmir	Bachelor's and Master's Degrees in Psychology
Hacettepe University	Ankara	Bachelor's and Master's Degrees in Psychology
Koç University	İstanbul	Bachelor's and Master's Degrees in Psychology
İstanbul University	İstanbul	Bachelor's and Master's Degrees in Psychology
Middle East Technical U.	Ankara	Bachelor's and Master's Degrees in Psychology
İstanbul Bilgi University	İstanbul	Bachelor's and Master's Degrees in Psychology

If it is not possible to list all the programs offered by all the universities, please indicate how many programs are recognised, and indicate where the listing may be found.

## 3. Supervised practice arrangements (for the *EuroPsy* Certificate)

### 3a Please describe the arrangements for one year (or equivalent) supervised practice

The plans for implementing supervised practice for entry into the profession were covered in the accreditation regulations. As indicated in Appendix 2, the accreditation body within TPA will refine the regulations in such a way that both graduate and undergraduate programs will be congruent with *EuroPsy*. In the current regulations, supervision starts following the first year of the master's program, conducted by a faculty member who has either a PhD in clinical psychology or a master's degree and at least a total of 10 years of experience in the psychotherapy field. The supervision has to take place for at least one academic year and can be

conducted with only one student or with groups of two to three students, but must involve one hour per student each week. Students should have experience in various accepted contexts (the psychotherapy education laboratory or centers in the institution, in student health/counseling centers, hospitals and I/O settings etc.). The implementations will be evaluated via standard forms, being consistent with the EuroPsy supervision criteria. Students can also complete the supervised practice after graduation. However, details and duration of this practice as well as the quality of the supervisor are to be certified by NAC.

### **3b Training of supervisors**

- National arrangement for training of supervisors is in place,
- X arranged by the NAC (Appendix 4)
- X arranged by the national psychologists association(s) (Appendix 4)
- X offered by universities (Appendix 4)
- other (evaluation procedure for *EuroPsy* applicants is specified in Appendix 5)
  
- Various arrangements for training of supervisors are in place
- There is no organised training program in the country

### **3c Level of training of supervisors (see Appendix V of the EFPA Regulations on *EuroPsy*)**

- X Most supervisors meet Level 1 criteria
- Most supervisors meet Level 2 or Level 1 criteria
- Most supervisors meet Level 3 or higher criteria
- Most supervisors meet Level 4 or higher criteria
- Most supervisors meet Level 5 or higher criteria
- Most supervisors do not meet *EuroPsy* training requirements

## **4. Recognition of Title, Licence to Practice, Revalidation & Continued Professional Development (CPD)**

### **4a Recognition of title**

- “Psychologist” is not a legally recognized and protected title
- “Psychologist” is a legally recognized and protected title
- X “Psychologist” is a legally recognized and protected title for some areas of practice (Clinical)

(see Appendix 6)

#### **4b License to practice**

- X There is no license or entry in a register needed for practising psychology
- There is a license or entry in a register needed for practising in some areas of practice  
(see Appendix XX)
- License or entry in a register is needed for practising psychology

#### **4c Revalidation**

- X There is no license or registration (see 4b); hence there is no revalidation
- License or registration is not restricted in time (No revalidation is required)
- Revalidation of the license to practice or entry in a register is required after XX years  
(see Appendix XX for details)

#### **5. Continuing Professional Development (CPD)**

- X Currently no requirements for CPD exist
- Requirements for CPD exist, but less stringent than for *EuroPsy* revalidation
- Requirements for CPD exist, at least as stringent as for *EuroPsy* revalidation  
(see Appendix 7)

#### **6. Transitional arrangements**

- No transitional arrangements apply currently for any category of *EuroPsy* applicants (special cases like education and training in a foreign country are excepted)
- X Transitional arrangements apply until [31-3-2016]

Please indicate any challenges faced by your NAC in relation to transitional arrangements, and plans to address these.

#### **7. Plans for future development of *EuroPsy* and any challenges faced by the NAC**

We disseminated a questionnaire to our members in order to get feedback about *EuroPsy* and find out the reasons for low level of application. Some of the non-applicants indicated they do not fulfil the requirements. And some of the others indicated that for Turkey –since is not a full member of EU- *EuroPsy* does not seem to be functional. Senior candidates of S-NAC reported that the requirement of basis level is redundant and adds a lot of paperwork and payment. Other indicated reasons are as follows:

Application requires a lot of paperwork.

Application prices are very high for a developing country as Turkey.

Under the light of those indicated obstacles we will continue to emphasize the importance of EuroPsy at universities and organisations of TPA. Also we will encourage our members to attend CPD organisations.



## Appendix 1

### Members of the NAC

Name	M/F	Area of expertise	Term of office (20xx – 20xx)	Association represented
Sezen Zeytinođlu	F	Developmental Psy.	2013-2017	TPA
Canan Sümer	F	Ind/Org Psy.	2013-2017	TPA
Melike Sayıl	F	Developmental Psy.	2013-2017	TPA
Banu Cangöz	F	Experimental Psy.	2016-2020	TPA
Tülin Gençöz	F	Clinical Psychology	2016-2020	TPA
Mehmet Eskin*	F	Clinical Psychology	2013-2017	TPA

\* S-NAC Liaison

### Members of the S-NAC

Gonca Soygüt Pekak (Chair)	F	Clinical Psy	2013-2017	
Perin Yolaç	F	Clinical Psy	2013-2017	TPA
Ayşe Yalın	F	Clinical Psy	2013-2017	TPA
Ferhunde Öktem	F	Clinical Psy	2013-2017	TPA
Hanna N. Scherler	F	Clinical Psy	2013-2017	TPA
Mehmet Eskin*	M	Clinical Psy	2016-2020	TPA

\* NAC Liaison

## **Appendix 2**

The regulation on accreditation has changed. Higher Education Council will no longer be the accrediting authority in Turkey. It transfers this authority to independent national / international bodies. The regulation is now in progress. TPA's authority is still valid during transitional period. TPA has constituted new committees for accreditation of undergraduate and graduate programs.



### **Appendix 3: Structure of Accredited Psychology Programs**

Undergraduate education in psychology lasts for 4 years, and just like in the US, is institutionalized on the basis of academic competence and scientific model, yet grounded on the 'member of a profession' definition. Many psychology departments consider the APA and EFPA standards together and have established master's and doctoral programs in a number of sub-areas of psychology. In this regard, psychology departments focus on a specific practice and allow for six years of higher education including an internship with supervision. Considering the priorities and resources of undergraduate education in Turkey, the basic principles and achievement standards of the curriculum to be implemented and the qualifications that graduates should possess are extensively defined, and an accreditation process has been started. The Turkish Council of Higher Education used to authorize the TPA to accredit psychology departments and programs. However, as indicated in Appendix 2, new regulations are under progress.





#### **Appendix 4: Arrangements for evaluation and training of supervisors**

i. Arrangements offered by universities:

One of S-NAC member -Mehmet Eskin- has organized supervisor training program in conjunction with Adnan Menderes University Clinical Psychology program.

Mehmet Şakiroğlu, Cennet Şafak Öztürk and Çiğdem Dereboy, academic staff of the program, are attending to supervisor training program.

In METU Clinical Psychology Ph.D. program, “supervision” is a must course instructed by Faruk Gençöz. It covers theoretical and practical issues about supervision and guidelines of how to supervise. Fourteen candidates have completed the course.

ii. Arrangements offered by TPA:

-NAC & S-NAC have evaluated supervisor candidates in line with the EFPA Regulations on EuroPsy. Up until now, 14 TPA members approved as Level-1 supervisor are defined in the guideline.

-A guideline for supervision in psychotherapy practices is publicized by the NAC and S-NAC.

-A call for supervisor candidates is to be publicised via web and e-lists of TPA.

## **Appendix 5: Evaluation Procedure for EuroPsy Applicants Regarding the Supervised Practice Criteria**

The applicant submits a Supervisor Evaluation Form where the supervisor provides detailed information about the supervised practice of the candidate. If the supervisor's name does not appear on our approved supervisors list, then we ask the candidate to provide a CV of the supervisor and we compare the supervisor's qualifications against the criteria mentioned in the EuroPsy Regulations. If the supervisor fulfils the criteria, we accept the applicant's practice under this supervisor as a qualification for EuroPsy basic.



## **Appendix 6 Legal Regulations about recognition of psychologist title in Turkey**

In Turkey, the title of clinical psychologist is regulated by Ministry of Health in the frame of “bag bill”. Accordingly, only clinical psychologists are entitled for psychotherapy practices.

In the related article of “bag bill”, the definition of Clinical Psychologist is regulated by three different formulas, as follows:

- i) 4-year undergraduate program in Psychology + 2-year master’s program in Clinical Psychology;
- ii) 4-year undergraduate program in Psychological Counseling + 2-year master’s program in Clinical Psychology;
- iii) Non-psychology graduates: 4-year undergraduate program in a different area + 2-year master’s program in Clinical Psychology + 4-year PhD program in Clinical Psychology (totally 6-year education in Clinical Psychology)

Note: In the category of iii, completion of 1-year Preparatory period in an undergraduate program of psychology is generally mandatory. Accordingly, a total of 7 years of education in Psychology are completed by non-psychology graduates.

European Certificate in Psychology

### **Appendix 7 Continuing Professional Development (CPD)**

There is no mandatory CPD since there is no legislation for licencing. But TPA biannually organizes national congress and clinical psychology symposia and invites national and international specialists to hold workshops and conferences.

For instance, during 2015, Jeremy Safran and David Clark were invited for such events. Most of the universities also have grants to invite specialists and they use this opportunity in a fruitful way.

Additionally, there are also training programs regularly held by TPA members who are internationally certified, e.g. psychoanalysis, Gestalt, CBT, Schema Therapy. In scope of those programs congresses and professional meetings, workshops are regularly organized.

